



# SABBATH SCHOOL LESSON, FIRST QUARTER 2022

## IN THESE LAST DAYS: THE MESSAGE OF HEBREWS

### Sabbath School for Life

#### LOVING OTHERS ▶

##### Who Can We Pray For?

- ▶ Pray for the group and for the individuals within the group.
- ▶ What do we need to pray for or help you with this week?
- ▶ Pray for new people/non-Christians to join the group.

#### CARE ▶

##### Who can we care for?

- ▶ What's been happening in your world this week, good or bad?
- ▶ What are the needs for World Mission? Show one of the World Mission videos or Mission Spotlight videos to the group at [am.adventistmission.org/](http://am.adventistmission.org/) videos
- ▶ Encourage the group to use the eGiving smart-phone app or go to the eGiving website and enter an amount for the Sabbath School Offering.

#### SHARE ▶

##### Who can we share with?

- ▶ Who has God put you in touch with this week to help or bless?
- ▶ What divine encounters has God

created for you this week?

- ▶ Who can you reach out/pray for/share hope with this coming week?

#### GIVE ▶

##### Sabbath School Offering

- ▶ For the needs of the local Sabbath School.
- ▶ For the needs of World Mission.

#### LOVE GOD ▶

##### Discover Bible Readings

##### Use the Bible Discovery Reading process to Ask, Analyse and Apply. Follow these simple steps:

1. Ask the Holy Spirit to guide the group.
2. Read the key passage twice, then someone retells the passage in their own words.
3. Discuss the following questions:  
What is new?  
What surprises you?  
What don't you understand?  
What will you obey / apply?  
What will you share with someone else this week?

#### 1. The Letter to the Hebrews and to Us

##### Hebrews 13:1-16

1 Kings 19:1-18 ▶ Hebrews 11:24-31

#### 2. The Message of Hebrews

##### Hebrews 8:1-13

1 Peter 2:4-12 ▶ Hebrews 2:5-18

#### 3. Jesus, the Promised Son

##### Hebrews 1:1-14

Luke 1:26-45 ▶ Isaiah 44:21-28

#### 4. Jesus, Our Faithful Brother

##### Hebrews 2:5-18

Hebrews 12:1-12 ▶ Leviticus 25:25-34

#### 5. Jesus, the Giver of Rest

##### Hebrews 3:7-19

Hebrews 4:1-11 ▶ Deuteronomy 5:12-15

#### 6. Jesus, the Faithful Priest

##### Hebrews 5:1-10

Hebrews 7:11-26 ▶ Hebrews 6:19-7:3

#### 7. Jesus, the Anchor of the Soul

##### Hebrews 10:19-37

Romans 6:1-14 ▶ Hebrews 6:13-20

#### 8. Jesus, the Mediator of the New Covenant

##### Hebrews 10:1-10

Hebrews 8:1-13 ▶ Hebrews 7:11-26

#### 9. Jesus, the Perfect Sacrifice

##### Hebrews 9:11-28

Ephesians 3:14-21 ▶ Romans 3:21-31

#### 10. Jesus Opens the Way Through the Veil

##### Hebrews 10:19-25

Colossians 3:1-17 ▶ Hebrews 12:18-29

#### 11. Jesus, Author and Perfector of Our Faith

##### Hebrews 10:32-39

Joshua 2:1-24 ▶ Hebrews 12:1-10

#### 12. Receiving an Unshakeable Kingdom

##### Hebrews 12:18-29

Psalm 16:1-11 ▶ Daniel 7:9-22

#### 13. Let Brotherly Love Continue

##### Hebrews 13:1-21

1 Peter 5:1-11 ▶ Ephesians 5:1-21