



REST IN CHRIST

SABBATH SCHOOL 3RD QUARTER 2021

Sabbath School for Life

LOVING OTHERS

WHO CAN WE PRAY FOR?

- Pray for the group and for the individuals within the group.
- What do we need to pray for or help you with this week?
- Pray for new people/non-Christians to join the group.

CARE

WHO CAN WE CARE FOR?

- What's been happening in your world this week, good or bad?
- What are the needs for World Mission? Show one of the World Mission videos or Mission Spotlight videos to the group at am.adventistmission.org/videos
- Encourage the group to use the eGiving smartphone app or go to the eGiving website and enter an amount for the Sabbath School Offering.

SHARE

WHO CAN WE SHARE WITH?

- Who has God put you in touch with this week to help or bless?
- What divine encounters has God

created for you this week?

- Who can you reach out/pray for/ share hope with this coming week?

GIVE

SABBATH SCHOOL OFFERINGS

- For the needs of the local Sabbath School.
- For the needs of World Mission.

LOVE GOD

DISCOVER BIBLE READINGS

Use the Bible Discovery Reading process to Ask, Analyse and Apply. Follow these simple steps.

1. Ask the Holy Spirit to guide the group
2. Read the key stories twice, then one retell the story in their own words
3. Then discuss using these 5 questions:
 - What is new?
 - What surprises you?
 - What don't you understand?
 - What will you obey/apply?
 - What will you share with another this week?

1. LIVING IN A 24/7 SOCIETY

Deuteronomy 5:12-15, Mark 6:30-44, Genesis 1:26-2:3

2. RESTLESS & REBELLIOUS

1 Corinthians 10:1-14, Numbers 11:10-17, Numbers 14:11-24

3. THE ROOT OF RESTLESSNESS

Matthew 10:26-39, Luke 12:13-21, Matthew 23:1-13

4. THE COST OF REST

2 Samuel 12:1-14, 1 John 1:5-2:6, Psalm 51:1-19

5. "COME TO ME . . ."

Matthew 11:20-30, Galatians 6:1-10, Galatians 4:21-5:1

6. FINDING REST IN FAMILY TIES

Hebrews 11:8-22, Ephesians 5:21-6:13, Genesis 39:1-23

7. REST, RELATIONSHIPS, AND HEALING

Matthew 18:15-35, Luke 23:26-43, Genesis 50:15-26

8. FREE TO REST

Psalm 27:1-14, Mark 2:1-12
1 Kings 18:41-19:8

9. THE RHYTHMS OF REST

Exodus 16:11-35, Psalm 92:1-15, Deuteronomy 5:12-15

10. SABBATH REST

John 5:7-18, Isaiah 58:1-14, Romans 6:1-14

11. LONGING FOR MORE

1 Corinthians 10:1-13, Hebrews 4:1-13, Galatians 3:15-29

12. THE RESTLESS PROPHET

Jonah 3:6-4:11, Luke 9:49-56, Jude 1-25

13. THE ULTIMATE REST

Hebrews 11:13-19, Revelations 14:6-20, Philippians 4:2-9